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Bridge4Mothers

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Training of Trainers (ToT) Digital Literacy & Gender-Informed Digital Upskilling

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E. Case Study Resource

Case Study Example

“Maria’s Learning Journey”

Maria is a single mother returning to education after several years outside formal learning.

She experiences:

- limited confidence with digital tools,
- difficulties attending fixed-schedule training,
- childcare responsibilities,
- and anxiety about participating in group activities.

Participants reflect on:

- barriers Maria may face,
- support strategies,
- and inclusive facilitation approaches.

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