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PSL Programme — Personal, Social and Learning-to-Learn Competences

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G. Guidance Resource

Supporting Healthy Collaboration & Conflict Resolution

Positive Collaboration Includes:

- respect,
- listening,
- cooperation,
- flexibility,
- and shared responsibility.

Healthy Conflict Resolution Includes:

- staying calm,
- recognising emotions,
- listening actively,
- avoiding blame,
- and finding respectful solutions.

Disagreements can become opportunities for:

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- understanding,
- learning,
- and stronger relationships.

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