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# Bridge4Mothers

**2025-1-DE02-KA210-VET-000359232**

# PSL Programme — Personal, Social and Learning-to-Learn Competences

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# D. Downloadable Worksheet

## Collaboration & Conflict Resolution Reflection Worksheet

### Reflection Questions

1. What makes collaboration successful?
2. What communication habits support teamwork?
3. What situations may lead to misunderstandings or conflict?
4. How do you usually respond during disagreements?
5. What strategies can help resolve conflict respectfully?

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