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Bridge4Mothers

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Training of Trainers (ToT) Digital Literacy & Gender-Informed Digital Upskilling

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C. Reading Material: Supporting Digital Inclusion Through Education

Digital literacy includes the competences needed to:

- access,
- understand,
- use,
- and participate confidently in digital environments.

Many vulnerable learners experience barriers related to:

- limited digital access,
- low confidence,
- fear of making mistakes,
- limited opportunities for digital practice,
- or lack of prior experience.

Inclusive digital education requires:

- patience,
- clear communication,

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- flexible pacing,
- practical activities,
- and supportive facilitation.

Trainers can strengthen digital confidence by:

- using step-by-step instruction,
- encouraging participation,
- recognising learner progress,
- and creating safe spaces for experimentation and learning.

Digital literacy teaching should focus on:

- accessibility,
- practical relevance,
- confidence-building,
- and learner empowerment.

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