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Erasmus+ Small-scale partnerships in vocational education and training

Bridge4Mothers

2025-1-DE02-KA210-VET-000359232

Training of Trainers (ToT) Personal, Social and Learning-to-Learn (PSL)

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C. Reading Material

Reading: Gender-Informed Approaches in Education

Gender-informed pedagogy recognises that educational experiences are influenced by:

- social expectations,
- caregiving roles,
- cultural norms,
- and structural inequalities.

Many women learners, especially vulnerable mothers, may experience:

- interrupted education,
- low confidence,
- discrimination,
- limited flexibility,

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- and emotional stress related to balancing learning and caregiving responsibilities.

Inclusive and gender-sensitive educational approaches help create:

- safer learning environments,
- stronger learner participation,
- increased confidence,
- and more equitable opportunities.

Gender-informed pedagogy includes:

- respectful communication,
- inclusive participation,
- learner-centred methodologies,
- flexibility,
- and emotional safety.

Trainers play an important role in:

- recognising learner strengths,
- reducing barriers,
- and supporting empowerment and participation.

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