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**Erasmus+ Small-scale partnerships in vocational education and training**

# Bridge4Mothers

**2025-1-DE02-KA210-VET-000359232**

# Digital Literacy & Upskilling Programme

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# Why Digital Skills Matter

Digital technologies are now part of everyday life.

People use digital tools to:

- communicate,
- access healthcare,
- search for jobs,
- learn online,
- manage finances,
- and connect socially.

Digital skills help people:

- participate more actively in society,
- increase employment opportunities,
- improve independence,
- and access lifelong learning.

Developing digital competences can also:

- strengthen confidence,
- reduce isolation,
- and support personal empowerment.

Learning digital skills is a process.
Everyone learns step by step.

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