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Bridge4Mothers

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Training of Trainers (ToT) Personal, Social and Learning-to-Learn (PSL)

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C. Reading:

Flexible & Blended Learning in Inclusive Education

Blended learning combines:

- in-person learning,
- online learning,
- independent study,
- and collaborative participation.

Flexible learning approaches are important because learners may experience:

- limited availability,
- caregiving responsibilities,
- work commitments,
- emotional stress,
- or barriers to attending fixed schedules.

Blended pedagogy allows trainers to:

- increase accessibility,
- support self-paced learning,

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- improve participation,
- and create more inclusive learning experiences.

Effective blended learning includes:

- clear communication,
- accessible resources,
- flexible participation,
- practical activities,
- and supportive facilitation.

Online learning environments should encourage:

- interaction,
- collaboration,
- confidence-building,
- and learner engagement.

Trainers play an important role in creating:

- accessible digital spaces,
- emotionally safe participation,
- and learner-centred online learning experiences.

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